

# RENIQUE Renewal

Skin stressors such as pollution and sun damage work insidiously to hasten the appearance of fine lines and wrinkles. Like most of us, JACQUI YOUNG knows she should take better care of her skin – more sleep, more water, better eating habits, a more regular skin care regimen; especially at bedtime. Renique had just the treatment to get her back on track.

## About Renique

Renuka's passion for beauty started 25 years ago, back home in India. Following her husband around the globe, she spent 10 years in Hong Kong before moving to the Philippines, where she held coffee mornings and did treatments in her guest room. From there, she returned for a short time to India, where she was hired by a boutique spa to look after its socialite clients.

In 2006 she returned to Singapore, and after becoming a Permanent Resident here, started freelancing at a local salon serving mainly expat clients. Deciding she could offer more, she established Renique in 2010.



Renuka starts by analysing my skin, and recommends the **Guinot Hydradermie double ionisation facial** – a treatment that can be customised to achieve different effects, such as moisturising, anti-ageing, whitening and so on. It is performed with a double ionisation machine, which uses two small rollers that radiate both positive and negative ions in order to rebalance ion levels in the skin. This is based on the belief that the harmful build-up of positive ions in the body increases oxidation, which is associated with free radicals; whereas correctly balanced skin will fight off free radicals. What's more, the high-frequency electrodes enable the skincare products to penetrate more deeply and quickly into the skin for increased effectiveness.

My skin is cleansed like never before, after which Renuka asks me what my skin concerns are, to help her choose the appropriate gel. On the basis of her own analysis and my answers, she opts for the anti-ageing gel for my skin type.

As I relax, small rollers containing low frequency electrodes are gently guided over my skin. This process makes the skin very receptive, so that it absorbs the gel like a sponge. The active ingredients penetrate deep into the skin, removing impurities and toxins and improving

sluggish circulation. I experience a metallic taste; she tells me this is normal.

Renuka also lets me experience the **Hydradermie lift**, which uses microcurrents to stimulate and tone the superficial muscles of the face, firming and smoothing the skin and reducing the appearance of wrinkles. Increasing the microcurrent intensity slightly, she moves the roller balls systematically across my face to stimulate the circulation of blood and lymph, simultaneously eliminating toxins and oxygenating the tissues.

Next follows **stimulation**, which increases firmness and the subcutaneous volume of the skin muscle to create a lifting effect. I am shown how my face has responded to the treatment, and it definitely seems plumper and more radiant.

A lovely **face, neck, shoulder and back massage** with an emollient cream is the next step, followed by a **hydrating masque**.

My skin feels brand new – completely fresh and luminous, and the fine lines seem to have just disappeared. Renuka recommends one or two treatments per week for three consecutive weeks. I can't wait to come back! 📌

Renique is at the Esthetique de Flair Centre, #03-12 Orchard Hotel Shopping Arcade, 442 Orchard Road. Call 6733 4942. [www.renique.com.sg](http://www.renique.com.sg)